



5.3mile/16 mile/16 mile relay-Trail Run November 5, 2016

Warm up for the world famous **H.U.F.F.** on December 17, 2016

by running the **W.O.O.F.** (the Wells Outrageous Ouabache Fifteen)

9:30am

Ouabache State Park Campground Bluffton, Indiana

The W.O.O.F. is primarily a trail run and as such, should be considered potentially harmful to your ankles and feet and knees etc. While the Ouabache State Park trails are not particularly hilly, there are still roots, ruts and wooden bridges to contend with, as well as soggy leaves covering it all.

The Ouabache River Runners aim to provide events that are appropriate for all ages and abilities of runners and walkers. However, due to the narrowness of the trail and the anticipated crowd, we will not be able to accommodate walkers or strollers for this race.

Participation is limited so **REGISTER EARLY!!!**

Relay Teams: Limited to 25

5 milers: Limited to 150

16 milers: Limited to 200

Make checks payable to:

Ouabache River Runners (O.R.R.)
PO Box 513 Bluffton, IN 46714

OnlineRegistration is available at:

<http://www.getmeregistered.com>

or

<https://secure.getmeregistered.com/WOOF>

FEES: **Pre-registrations need to be postmarked by 10/28/16**

<u>5.3 mile</u>	<u>16 mile</u>	<u>16 mile relay</u>
\$20.00	\$30.00	\$60.00**

Race Day

\$25.00	\$35.00	\$75.00**
---------	---------	-----------

T-shirt Guaranteed
If Registered
By 10-28-2016

****Send your 3 relay team applications in the same envelope!**

**YOUR ENTRY FEE
INCLUDES LUNCH**

The menu includes:

Bison Burgers
Vegetable Stew

Attention: Park entry fees are not included in race fee

Come run with the Bison!

AWARDS

Top 3 Overall and Masters for male/female and 1st/2nd Place age group awards for 5 mile and 16 mile. Relay awards for first team for males, females and mixed.

AGE GROUPS

For 5 mile and 16 mile participants:
19 and under 40-49
20-29 50-59
30-39 60 and over

FOR MORE INFORMATION:

Mac McAvoy 450-1071
macmcavoy@gmail.com

RESULTS: Available at teamorr.org, fwtc.org, and onlineraceresults.com

RACE APPLICATION

PLEASE TAKE YOUR TIME AND WRITE LEGIBLY!

Make checks payable to: Ouabache River Runners (O.R.R.)

Official Use Only

Name _____

Address _____ Sex: F _____ M _____

City _____ State _____ Zip _____ Phone _____

Age on race day _____ Date of birth ____ / ____ / ____ e-mail _____

T-shirt: small _____ med _____ large _____ x-large _____

Event: 5.3 mile _____ 16 mile _____ Relay (Team name) _____

Please send team registrations in the same envelope.

WAIVER: Must be signed by participant or by parent/legal guardian if participant is under 18 years.

I know that running a road race is a potentially hazardous activity. I should not enter unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running or walking in this event including, but not limited to: falls, contact with other participants, the effect of the weather including high heat and/or humidity, traffic and the conditions of the road or any other running surface: all such risks being known and appreciated by me. For my safety, I understand that bicycles, skateboards, baby joggers, roller skates or in-line skates, animals and radio headsets are not allowed in the race and I will abide by this guideline. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release Ouabache River Runners, Ouabache State Park, all sponsors, all volunteers, their representatives and successors, from all claims or liabilities of any kind arising out of my participation in this event, as well as events immediately prior to and after the event, though that liability may arise out of negligence or carelessness on the part of the person named in this waiver. I allow my photograph or likeness to be used for any lawful purpose.

Signature _____ Date _____